



Streetsville Blooms

Streetsville Horticultural Society

Proud to be a member of the Ontario Horticultural Association

www.streetsvillehort.ca



Volume 29, Issue 10

June 2022



Next Meeting

June 14th, 2022

Streetsville United Church

274 Queen Street South

Doors open at 7:00 p.m.

Meeting starts 7:30pm

President's Message

Certainly, feels like summer has arrived. Hot, humid and dry. It's crazy how we wait and wait all winter for the warmer weather and when it gets here, we all start to complain about how hot it is!!

SHS executive submitted two of our Newsletters in the competition at the District 15 AGM.

Class 1 was for newsletter 10 pages and under and Class 2 was for newsletters over 12 pages.

Congratulations to Nury for doing such a great job!! In Class 1 we received second prize and in Class 2 third prize. Congratulations Nury!!!

June is the last meeting of the year... don't forget to bring your photos for the photo contest to the September meeting. You have all summer to get out there and snap away! Let's see if we can have more participation in the contest this time.

Please remember to bring your plant sale signs to the June meeting. We will have someone stationed at a car in the parking lot to retrieve them... saves lugging them into the church then lugging them back out again.

Shelley Dodd is planning a few coffee meetings over the summer for casual get-togethers and to get better acquainted with other members. You can always come out on a Wednesday morning to the Log House to help weed and water. Bring a hat and gloves, pruners, trowels etc. Light refreshments will be available. Arrive any time after 9:30 a.m. and stay as little or as long as you like. Members work at Rotary Park every other Thursday, so you could lend a hand there also. Call Jon Eldridge for exact dates 905 542-7641.

Hope you all have a marvelous, safe summer and we see you all again on September 13th, the beginning of our new year! ✂ Carol & Monica, Co-Presidents



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Plant Sale

Mother Nature certainly smiled down upon us on the 28th of May for our Perennial Plant Sale! Customers were lined up at 8:00 a.m. waiting to get in to make their purchases.



We had a good crowd all morning, sold lots of tickets to our Draw Table - first prize was a waterfall, second prize was a beautiful sign on slate painted by Shirley Boyes, third prize was a ceramic elephant with a fern planted in it and fourth prize was a \$25 gift certificate from Metro Stores.

We are very grateful for the generous donations from the following local nurseries and businesses which contributed to the success of our plant sale:

Canadian Tire Meadowvale, Home Hardware Streetsville, Metro Meadowvale, Mississauga Greenhouses, Terra Nurseries and Van Dongen's Garden Centre. Be sure to remember them while out shopping!!! Thanks to Grace Nelham for contacting these merchants and getting donations!! Excellent!

We are also so very thankful to all those members who contributed plants, potted plants, babysat plants, transported plants, painted chairs and beautiful artwork and worked very hard the day of the plant sale helping customers choose their purchases. Don't want to forget to thank those members who baked goodies, made



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sandwiches, brought fruit etc. to keep the fuel in our tanks and Martha Witney for keeping the coffee pot going and the refreshments coming out!

Special "thanks" to Steve Fenech for all the hard work he did transporting plants and digging plants for members who could not. He worked very hard! And what about all those beautifully painted garden signs painted by Shirley Boyes! Amazing!

We would be remiss if we did not mention Ross & Sarah Pengilley who, once again, let us pot up plants on their property and the donation of many, many plants from Sarah's garden.

I cannot name all those who helped us bring these great results, but you know who you are, and we cannot thank you enough!!

You are all waiting for the results drum roll. We sold over **\$6,500 worth of plants, books, garden accessories, annuals, tropicals, painted signs, and raffle tickets.** Without the help of **YOU**, our members, we could not have ever achieved these grand results.

Again, thank you, thank you, thank you! ✂ Carol & Monica, Co-Presidents

Speaker of the month



Our Speaker on Tuesday June 14th is Heinke Thiessen who is quite well known to Streetsville Horticultural, and her topic is "Perennials that Wow "

Heinke has always felt a connection to the natural world starting in her youngest years growing up on a dairy farm in the Eastern Townships in Quebec.

Her interest in plants led to the formation of her own landscape Company, teaching in the Horticultural Program at Sheridan college and becoming an accredited Horticulture and Floral Design judge.

Now retired, Heinke continues to pursue her interest in horticultural and floral design and enjoys connecting with likeminded people both virtually and in person. ✂ Jon Eldridge



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Leslie Log House

The call went out to members to volunteer and clean up the gardens before the plant sale so everything looked as it should!

WOW.... I was totally surprised when so many volunteers showed up on May 25th to weed. Heartfelt thanks to: L to R: Janice Ward, Marcia Spear, Carol Ashford, Sue Harshman, MaryAnn Brown, Steve Fenech, Monica Ross, Pat Salisbury, Mike Salisbury, Don Helsdon and Robb Dods; seated in front Vivian Holmes, Judi Kokis, also Nury Garzon (missing) and Grace Nelham (who took the photo).

You guys and gals are terrific and did a fantastic job putting the beds in order for all the visitors who came to the Plant Sale. ✂ Carol Ashford, Leslie Log House Heritage Gardener





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LAWN SIGNS

Now that the Plant Sale is over, please return your lawn sign at the June meeting.

We do reuse them!! Thank you.

Rotary Park



A collage from pictures taken by Grace Nelham on May 22nd.



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We had two successful work parties in May. We have a good group of volunteers this year, though we could always use more, and we miss Enza Lafratta who can't be with us at present. We met with the City parks people who agreed to our wish to have a sickly tree removed along with an old stump. Also, to sod over an area that we've found to be impossible to keep clear of weeds. Let's hope they do it and soon.

In June we hope to work there on Thursday the 9th and 23rd and everyone's welcome. ✂ Jon Eldridge

Refreshment Table

Thanks so much for your contribution to the refreshment table, last Saturday, at our plant sale, you went above and beyond to help with the success of the sale.

Everyone seemed to enjoy everything. Leftovers will be served at our June meeting. ✂ Martha J Witney

Breakfast Cookies

Ingredients

2 cups quick oats or old-fashioned whole oats
1/2 teaspoons salt
1 teaspoon ground cinnamon
1 cup almond butter, peanut butter, tahini or sunflower seed butter or a combination
1/4 cup pure maple syrup (or honey)
1/3 cup apple butter: Substitute apple sauce or more mashed banana for apple butter.
1 large banana, mashed (about 1/2 cup)
1/2 cup dried cranberries
1/2 cup pepitas (pumpkin seeds)
1/2 cup raisins



Instructions

1. Preheat oven to 325°F. Line 2 large baking sheets with parchment paper or silicone baking mats. Set aside.
2. Combine all of the ingredients into a large bowl of a stand-mixer or use a hand-mixer. Mix until all of the ingredients are combined. The dough is thick and heavy.
3. Using a 1/4 cup measuring cup (or ice cream scoop), portion 1/4 cup mounds of cookie dough onto prepared cookie sheet. Use the back of a cold or wet spoon to slightly flatten out into a cookie shape. (The cookies will not spread in the oven.)
4. Bake for 16-18 minutes or until the edges are slightly brown. Cool cookies on the baking sheets for 10 minutes. *This helps to prevent breakage when moved.* Then transfer to a wire rack to cool completely.



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5. Cover left over cookies and store at room temperature for up to 5 days or in the refrigerator for up to 10 days. Cookies can be frozen up to 3 months. Bring to room temperature by thawing on the counter or warm in the microwave for a few seconds before serving.

Judi Kokis made them for the plant sale, and we have had several requests for the recipe. Adapted from <http://sallysbakingaddiction.co> 



The year of the garden

Plant Red to pay tribute to lives lost, or honour frontline workers of the pandemic. Or **Plant Red** as an expression of your Canadian Garden Pride in 2022.

Our new member: Kathy Foulston



Native Corner: Violet- *violaceae*



Violets are another one of my favourite spring plants to see. The *Viola* spp. include dozens of species in North America. I've only come across four so far this season hiking in and around this area, but I'm hoping to come across a few more the farther north I go.

In some species, the leaves and flower stalks emerge directly from the roots and the plant stays close to the ground.

Others have stems bearing both leaves and flowers and may

grow to be one foot high. Some have heart shaped leaves; others have lance shaped leaves. Still others have finely divided leaves. The purple, blue, white, or yellow flowers have five petals in a distinct arrangement – two at the top, two at the sides, and a striped petal at the bottom.



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We are inclined to take violets for granted because they are so common, so easy to acquire, and so hard to get out of the garden. But if you think of them as specially evolved landing pads for bees, you may view them in a whole new light, as one of nature's amazing inventions. The stripes on the lowest petal are lines for guiding the bees into the heart of the flower.

The showy blooms of spring aren't the only ones violets produce. Later in the season, a second, different flower emerges, growing close to the ground or even underground. It remains closed and fertilizes itself. The scientific term for this ability is cleistogamous.

The native violets in the pictures above are the Northern Bog Violet (*Viola nephrophylla*), the Canada Violet (*Viola canadensis*), Downy Yellow Violet (*Viola pubescens*), and the Long-Spurred Violet (*Viola rostrata*).



Interesting characteristics of these violets:

- The Northern Bog Violet is found in wet areas. Its flowers are of normal size and well above the leaves or at the top of the leaves. The lateral and lower petals are bearded, and the lower petal is longer than the lateral petals. The flower is dark blue with a white throat and the lateral petals are directed forward at an angle.
- The Canada Violet has normal sized flowers that are white with a yellow throat and a purple backside.
- The Downy Yellow Violet has normal sized yellow flowers.



The Long-Spurred Violet has an obvious longspur at the rear of the normal sized flower. It's practically impossible to find anyone who doesn't like violets. Many of the popular species are imports from Europe, including the sweet-smelling *V. odorata*, which is used in French perfume and was Napoleon's emblem on his return from Elba. Most native species, however, have no smell but they do have knobby tenacious roots.

Violets contain salicylic acid, one of the ingredients in aspirin, hence the name "heal-all." However, the medicinal use of the plant in North America seems to stem from the knowledge of immigrants, who were familiar with the European species. The Native Americans made less use

of them.

A swath of violets is a pleasure to look at and recalls the dozens of poems written about their fleeting beauty. AND the flowers are considered a valuable addition to the salad bowl! Many take them for granted as just another tiny flower, but they are too much a part of our psyche, way too charming, and too important to bees to dismiss altogether. I hope to see you out and about exploring! Happy spotting!

As always, never dig up plants from the wild, and don't buy from nurseries that do. ✂ Heather Marchment



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Photo Contest 2022

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| Class 1 | "Fungi are the grand recyclers of the planet." Paul Stamets |
| Class 2 | "A host of golden daffodils, fluttering and dancing in the breeze." William Wordsworth |
| Class 3 | "What a lovely thing a rose is!" Arthur Conan Doyle |
| Class 4 | "Close to you" – The Carpenters, leaf or leaves close up. |
| Class 5 | "Ripe vegetables were magic to me." Michael Pollan |

Rules

- Closing date September 2022 meeting.
 - All pictures must have been taken by the competitor and should be nature related.
 - Coloured photos, unless otherwise specified, no larger than 4" x 6".
 - One entry per class per single membership.
 - Two entries per class, one per person in a family membership.
 - If photo does not meet category, it will be rejected.
 - Previously submitted photos not allowed.
 - Photos taken in between 1 Sept 2021 and 31 August 2022.
- Judge for the contest: Robert McCaw, he has judged our photo contest for 10+ years.
- www.robertmccaw.com.



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PHOTO GALLERY



I am in Amsterdam, planning to be home in time for the plant sale.

Even in this old part of the city, people love their flowers, and you'll see them everywhere including on houseboats, window boxes, and even little bits of the street curbs too small for parking. It's very beautiful. By the way, that narrow strip in the second picture is the street, not for pedestrians!! Hope to see you at the Plant Sale. ✂ Marg Rowan

We have #OnlyOneEarth. Let's take care of it.

<https://www.worldenvironmentday.global/get-involved/practical-guide>