



Streetsville Blooms

Streetsville Horticultural Society

Proud to be a member of the Ontario Horticultural Association

www.streetsvillehort.ca



Volume 26, Issue 4

December 2018

NEXT MEETING: December 11, 2018

Christmas Workshop

Streetsville United Church

274 Queen Street South

Doors open 7 pm

Meeting starts 7:30 p.m.



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Please bring a canned item for our Annual Christmas Food Drive.

The President's Message

It's beginning to look a lot like winter, and that means that Christmas can't be far off. Lists of gifts for gardeners pop up everywhere at this time of year; many of these lists are of gardening related items which though lovely are not very practical.

A gardener's 12 days of Christmas list could include:

One trip to the Keukenhof gardens in Holland, one of the world's largest flower gardens; 7 million flower bulbs are planted annually.

Two memberships to the Royal Botanical Gardens

Three cubic yards of first class organic compost

Four bottles of gardeners hand scrub

Five bird feeders

Six hand tools with red handles so they don't get lost

Seven pairs of waterproof gardening gloves

Eight heirloom tomato plants

Nine perennials that grow in dry shade

Ten successful seedlings

Eleven massages for those tired muscles and

Twelve squirrels trained to eat weeds!



Thanks to all of our members for the delicious dishes contributed to our AGM. The Board of Directors will provide refreshments for our December meeting. If you are not attending the meeting to participate in the workshop feel free to attend, chat about gardens, ask garden questions and bid on the silent auction.

I wish you all a happy holiday season

Monica ✂

Monica Ross, President

From the Refreshment Coordinator

The AGM potluck was a howling success. There was an amazing selection of delicious food. I hope everyone enjoyed themselves. I know there are a few recipes I need to track down. A huge thank you to everyone that participated to make this such a successful and enjoyable event. ✂



Refreshment Coordinator, Heather Walker

45th Annual General Meeting and Awards night November 13



Barb O'Malley District 15 director conducted the elections.

Board of Directors 2018-2019

Left to right:

Barb O'Malley introduces the new Executive: Dean Scully; Rotary Chair, Jon Eldridge; Vice-president and Secretary, Marg Rowan; President, Monica Ross; Volunteer Chair, Maureen Dodd; Awards Chair, Kathleen Hayward; Flower Show Chair, Debbie Lemire; Treasurer, Martha Witney; and Membership Chair Vivianne Holmes. Awards



Christina Anonychuk presents the Photographer of the Year Award to Grace Nelham. Since 2013, Grace has been busy taking pictures, saving newspaper clippings, including them in our binders and giving advice on "how to take better pictures."



Monica Ross presents Debbie Lemire with the *Jean Kennedy Outstanding Volunteer of the Year Award*. Debbie authored the monthly newsletter, is a Board of Directors member, and spent many hours volunteering at the Leslie Log House, Rotary Park, the Plant Sale, and many other activities that SHS supports.

Debbie also won the award for the highest points combined for Design and Horticultural divisions of the flower show.



Debbie Lemire, Flower Show Chair, presents Anita King with the *Joseph Boles Award for Horticulture*. This award recognizes the most points collected over the flower show growing season for raising flowers, fruit and vegetables.



Debbie Lemire, Flower Show Convenor, presents Ursula Evanoff with the *Elizabeth Colley Designer of the Year Award* for her beautiful floral designs she enters in floral competitions.

Heather Walker was presented with a gift certificate in appreciation of the many volunteer hours she has contributed running the refreshment table and helping with the plant sale for the past several years.



Barb O' Malley, left draws a ticket for one of the door prizes from Asma Iftikhar and Franca Ambrozic.

December Silent Auction Fundraiser



Join us for the annual silent auction fundraiser! Great way to pick up something special for yourself or a special someone.

1. Please bring your donations of baked goods, preserves or other items. (craft, decor etc.)
2. Food items must include a label with ingredient list due to possible allergies. (Remember no nuts allowed in the church)

3. Print & fill out attached form, one form per item. (forms will be available for those without a printer)
4. Estimate the value of the product. (Food items: Minimum bid should be approx. cost of ingredients)
5. Bids will then go up by \$1 unless stated on form.
6. Please be generous and don't forget your \$\$\$.
7. Have Fun...it's going to a great cause!

Asma & Franca



WHAT TO GROW DURING WINTER? SPROUTS!

SPROUTS are the beginning of a new plant. They are healthy, nutritious and easy to grow inside.

INSTRUCTIONS FOR SPROUTING IN A JAR

1. Choose a jar and lid. Any glass jar will do for sprouting, though one with a wide opening is most convenient for rinsing, draining, and removing sprouts. Choose a jar large enough to contain the

seeds and sprouts. **For smaller seeds**, use a quart jar.



2. Rinse Seeds.

Rinse seeds well with **cool water (around 70°F)** and drain. Remove any debris, stones, or broken seeds. When sprouting smaller seeds, removing broken seeds is not practical, but do look for any non-seed material and remove at this point, if possible.



3. Soak Seeds.

Place rinsed seeds in a jar and fill about $\frac{3}{4}$ full with cool water. Cover with a mesh lid or cloth, secured with a rubber band, to allow air flow.

A general rule is to soak at least 8 hours. Some larger seeds may require a longer soak. Soak until the seeds have doubled in size. Keep in mind that temperature also affects soak time. In warmer temperatures, the soak time is shorter. In cooler temperatures, soak time is longer, and larger seeds like chickpeas or kidney beans may require a 24-hour soak.

4. Drain Seeds Well.

It is important to drain the seeds well, for several hours, while allowing plenty of air circulation. Mesh lids work well for this step, as the jar can be inverted and propped at an angle to drain for long periods.

5. Rinse, Drain, and Repeat.

Rinse seeds with cool water and repeat draining. Rinse gently to avoid damaging tender new sprouts. Usually **2-3 days of rinsing** and draining about **3 times per day** is sufficient.

In very warm temperatures, rinse more frequently. In cold weather, less frequent rinsing may be fine, but keep in mind that seeds may not sprout as well. A temperature of about **65-80°F** for most seeds is fine.

6. Final Rinse and Drain

Once sprouts are ready to harvest, rinse one final time and remove un-sprouted seeds and seed hulls, if desired. Drain thoroughly one final time before eating or storing sprouts.

Storing Sprouts and Sprouted Seeds

Sprouts are easy to grow in small batches, staggered, so that there are fresh sprouts to eat daily. However, if storing is necessary, make sure the sprouts have drained completely before storing. Transfer to a glass or plastic container, seal tightly, and store in the refrigerator for a few days.

<https://www.treehugger.com/green-food/grow-your-own-sprouts-jar.html>

<https://www.culturesforhealth.com/learn/sprouting/how-to-sprout-seeds-jar/>

Christmas Workshop

Participants must have signed up and pre-paid for supplies. Please do not bring soil as it makes a mess that is very difficult to clean up.

If you are making a floral arrangement you will need –

Box to take it home in

Waterproof container for your centerpiece 8" diameter round or oval is the maximum size you should be using, anything larger will be too big to finish during the workshop.

Fill your container with wet oasis, soaked overnight; it should be about 1 inch above the rim of the container

Secateurs, wire cutters, wire on a spool or straight, sharp knife, florist tape, and scissors

Gloves if it's easier for you.

Accessories of your choice such as pine cone, baubles, berries, silk poinsettias, ribbon, favourite things... etc.

If you choose to add some fresh flowers, carnations are a good choice, as are roses, mums etc.

If you are refurbishing your wreath from previous years, and the wreath will be hung outdoors, make sure your berries/fruit etc. are weatherproof. If they are not they will "pop" like popcorn and you'll have white spots all over your finished wreath after a cold spell.



Annual Christmas Workshop.

Make an arrangement for your table or mantle or a wreath for the front door

Cost of greens \$20

Bring your wreath

Bring your decorations!

If you were not at the November meeting and want to participate in the workshop at the December meeting, please contact me by e-mail TheGardenLady@bell.net or 905-824-7283 or Martha Witney mjwitney@bell.net 905 813 7740 to arrange payment for the workshop supplies.

If you don't pre-order, there is no guarantee extra materials will be available.

December Silent Auction

Item: _____

Estimated Value: _____ Opening Bid: _____

Donated By: _____

NAME	\$\$ BID

Streetsville Blooms

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Vice president: Marg Rowan

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**Questions, concerns, ideas, or
would you like to volunteer for
a position on the Board?**

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